

BBC January 2021

Prof. Gianluca Rigatelli, MD, PhD, EBIR, FACC, FESC, FSCAI



SoS DPT Diagnostica Cardiovascolare
ed Interventistica Endoluminale
ULSS 5 Polesana
Ospedale di Rovigo

Left Main stenting state of the art



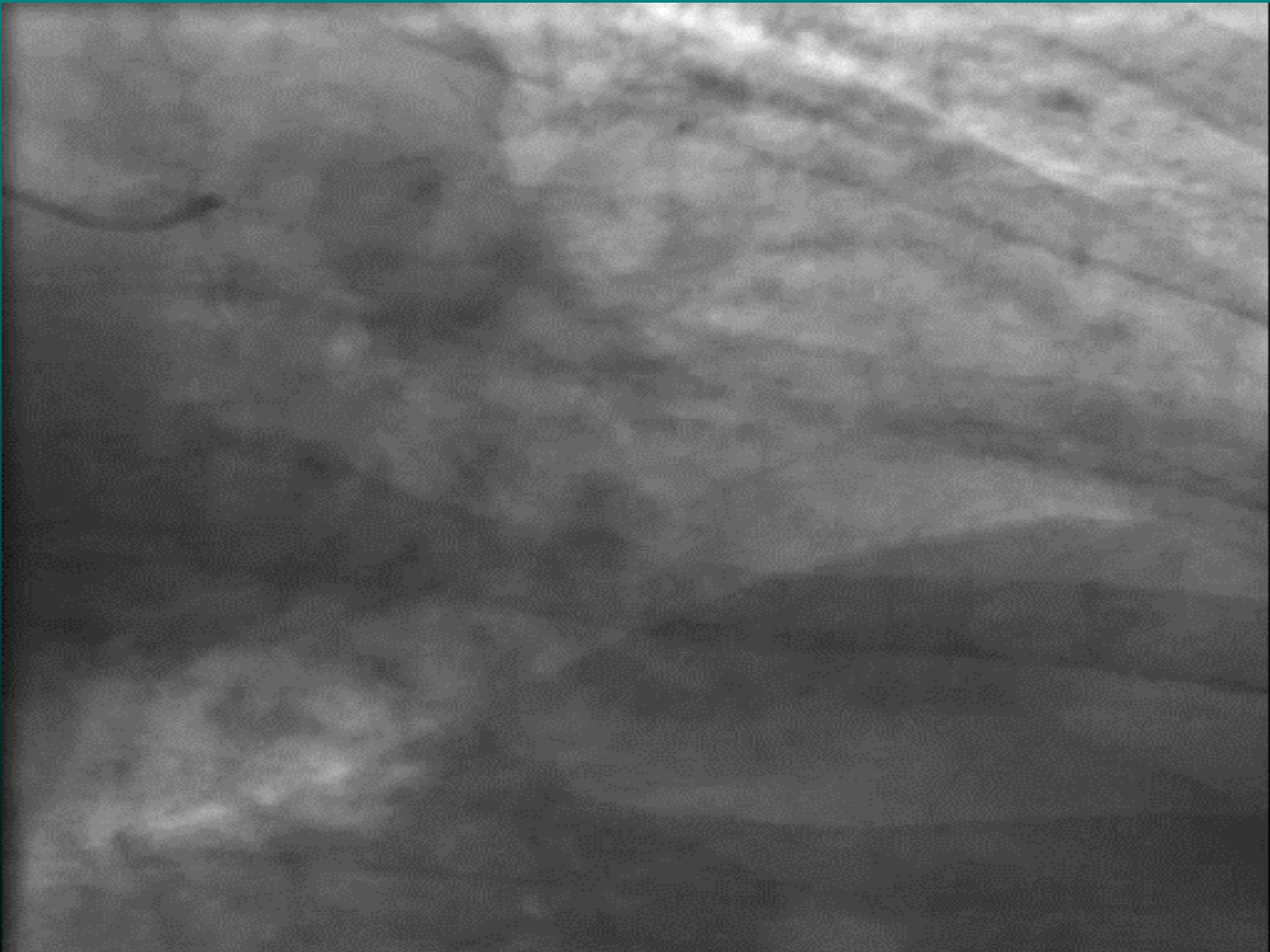
Prof Gianluca Rigatelli has not conflict of interest to disclose



- ❖ Male
- ❖ 78 years-old, 59 kg, 168 cm
- ❖ Risk factors: Hypertension, Hypercholesterolemia, Diabetes
- ❖ Previous ictus cerebri
- ❖ NSTEMI
- ❖ EF 31%
- ❖ Peripheral artery disease (previous aorto-bifemoral bypass)
- ❖ OCPD
- ❖ GfR 61

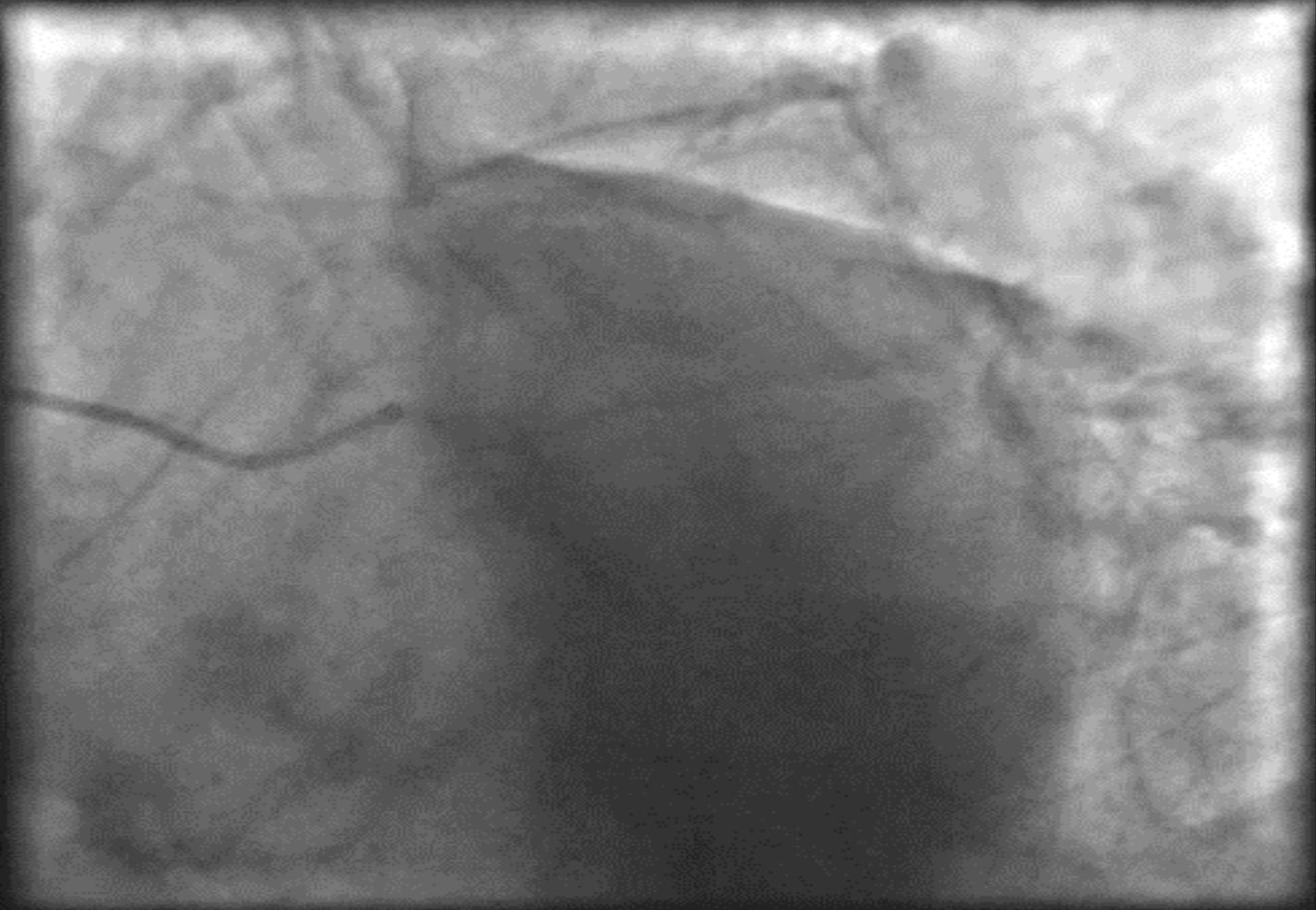


Coronary angiography: left



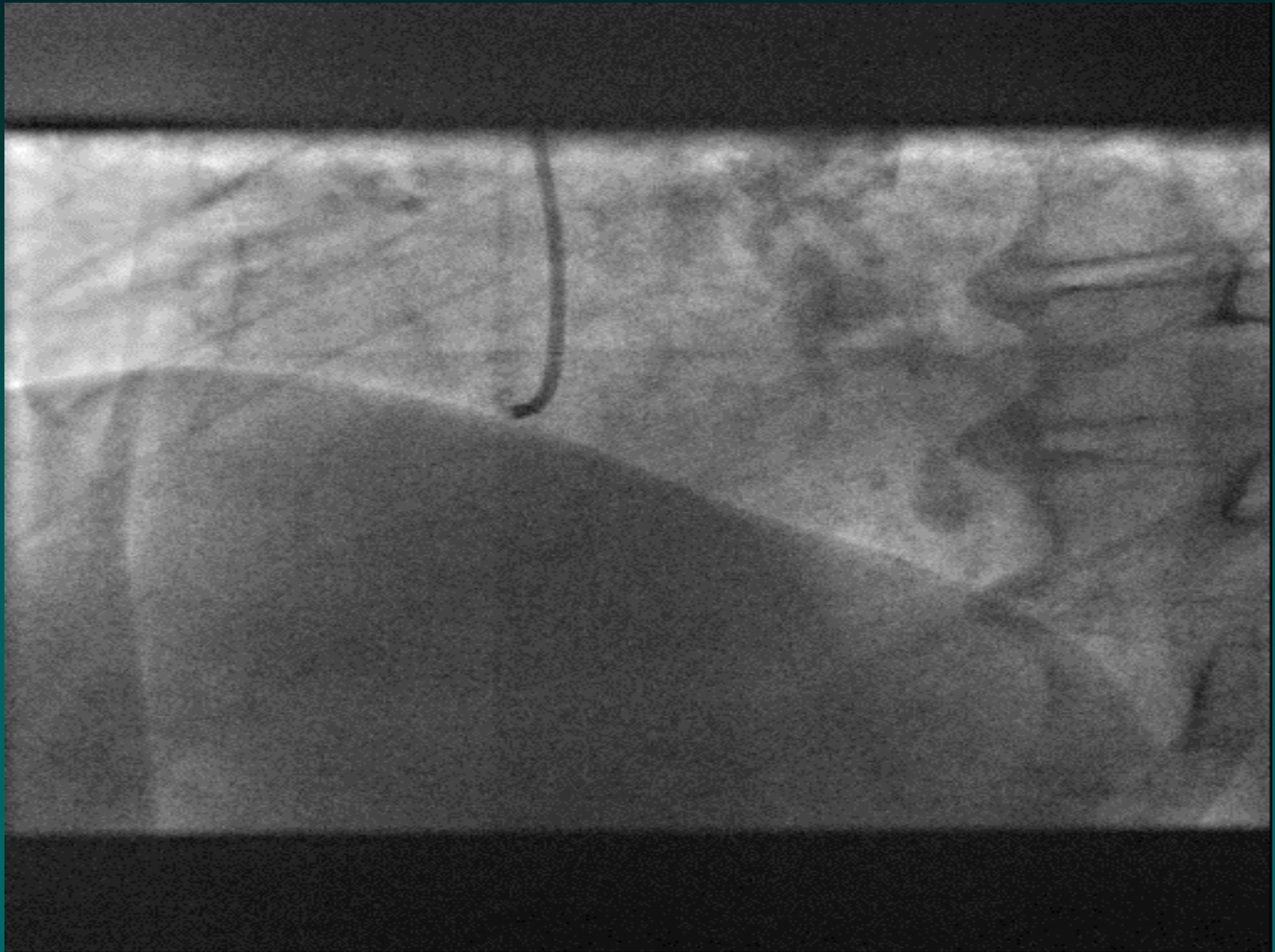


Coronary angiography: left





Coronary angiography: Right





LM stenting : state of the art

COMPLEXITY DEFINITION

CLINICAL INDICATIONS

IMAGING GUIDANCE

TECHNIQUES NOMENCLATURE

**OPEN QUESTION:
1 VS 2 STENT**

**OPEN QUESTION:
LONG VS SHORT DAPT:**

**OPEN QUESTION:
THIN VS THICK STRUTS**

**OPEN QUESTION:
CHEAP PATIENTS:**

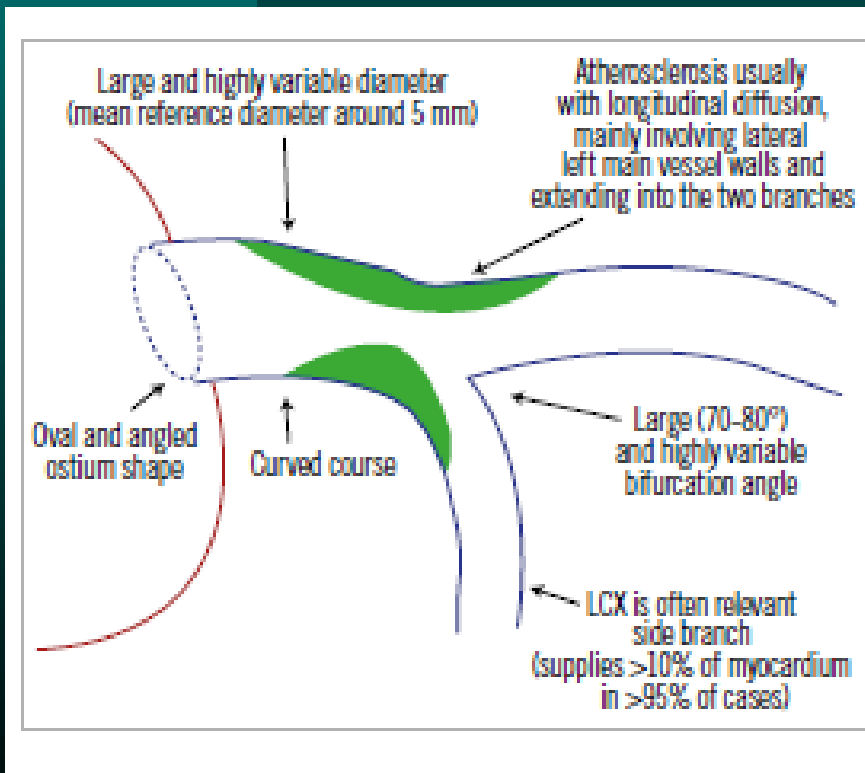


Complexity definition

MEDINA
CLASSIFICATION



DEFINITION
CRITERIA



1 major risk factor:

**a-SB diameter stenosis $\geq 70\%$
b-SB lesion length ≥ 10 mm**

or any 2 minor risk factors:

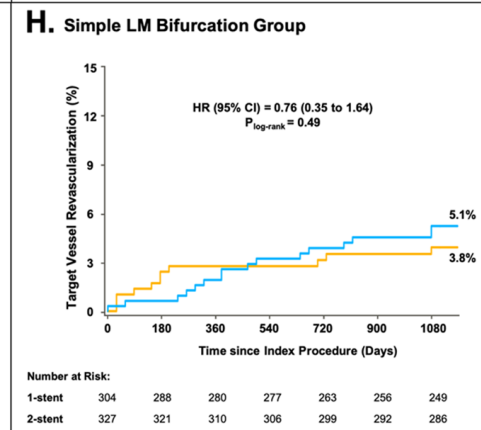
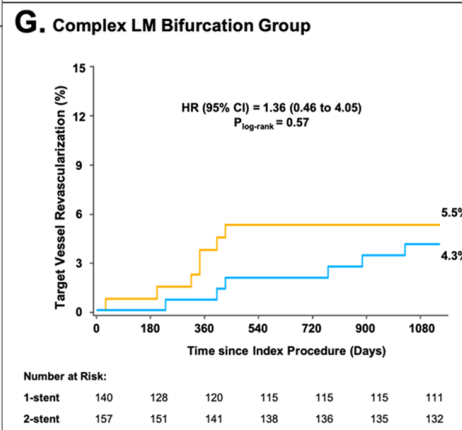
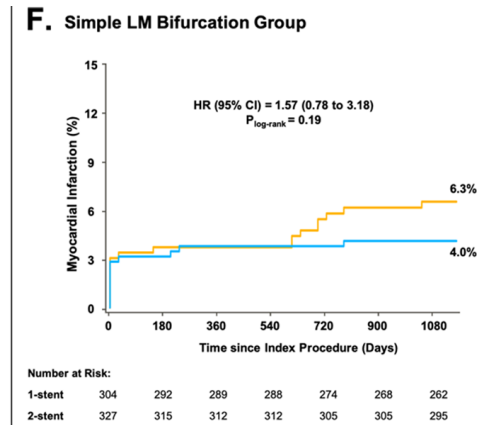
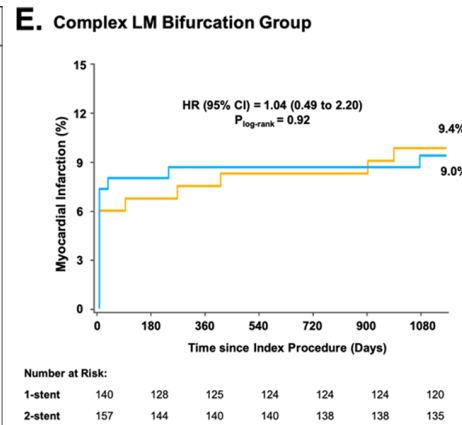
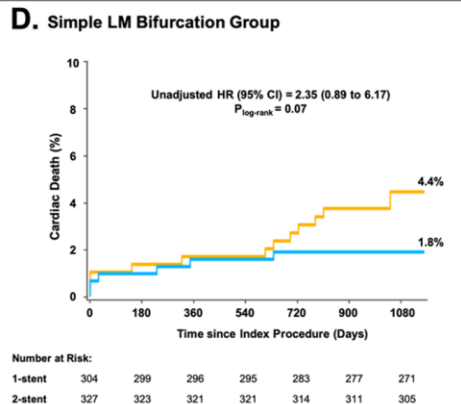
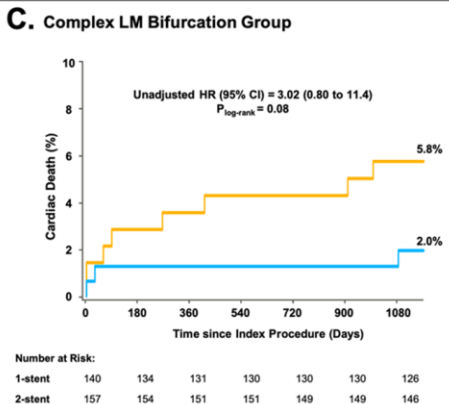
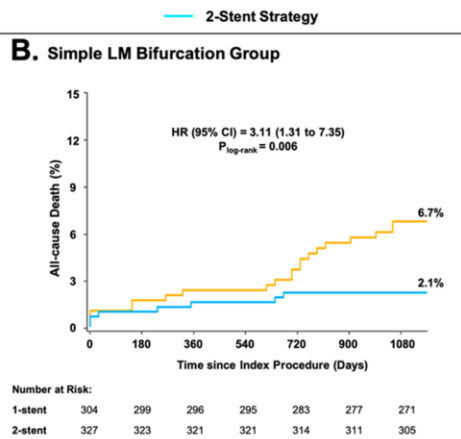
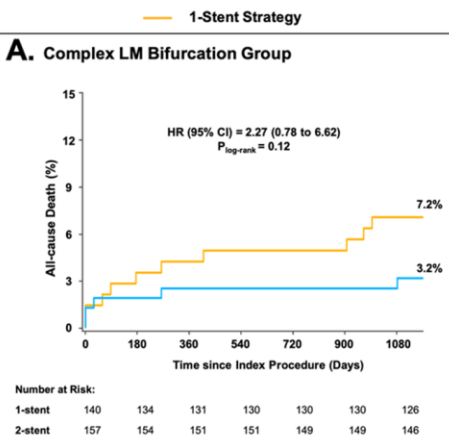
**a-moderate to severe calcification
b-multiple lesions
c-bifurcation angle $< 45^\circ$
d-MV reference vessel diameter < 2.5
e-thrombus-containing lesions
f-MV lesion length ≥ 25 mm.**



OPEN

Validation of bifurcation DEFINITION criteria and comparison of stenting strategies in true left main bifurcation lesions

Juan Wang^{1,5}, Changdong Guan^{2,5}, Jue Chen¹, Kefei Dou^{1,3}, Yida Tang^{1,3}, Weixian Yang^{1,3}, Yanpu Shi¹, Fenghuan Hu¹, Lei Song¹, Jiansong Yuan¹, Jingang Cui¹, Min Zhang⁴, Shuang Hou⁴, Yongjian Wu^{1,3}, Yuejin Yang^{1,3}, Shubin Qiao^{1,3} & Bo Xu^{2,3}





Clinical indications

Recommendation for the type of revascularization (CABG or PCI) in patients with SCAD with suitable coronary anatomy for both procedures and low predicted surgical mortality

Recommendations according to extent of CAD	CABG		PCI		Ref ^c
	Class ^a	Level ^b	Class ^a	Level ^b	
One or two-vessel disease without proximal LAD stenosis.	IIb	C	I	C	
One-vessel disease with proximal LAD stenosis.	I	A	I	A	107,108,160, 161,178,179
Two-vessel disease with proximal LAD stenosis.	I	B	I	C	108,135,137
Left main disease with a SYNTAX score ≤ 22.	I	B	I	B	17,134,170
Left main disease with a SYNTAX score 23–32.	I	B	IIa	B	17
Left main disease with a SYNTAX score >32.	I	B	III	B	17
Three-vessel disease with a SYNTAX score ≤ 22.	I	A	I	B	17,157,175,176
Three-vessel disease with a SYNTAX score 23–32.	I	A	III	B	17,157,175,176
Three-vessel disease with a SYNTAX score >32.	I	A	III	B	17,157,175,176

CABG = coronary artery bypass grafting; LAD = left anterior descending coronary artery; PCI = percutaneous coronary intervention; SCAD = stable coronary artery disease.

^aClass of recommendation.

^bLevel of evidence.

IN OSTIAL ISOLATED LEFT MAIN PCI SHOULD BE PREFERRED, IN BIFURCATION LEFT MAIN PCI IS MORE DEBATABLE DEPENDING ON SYNTAX SCORE AND PATIENTS PREFERENCES AS WELL.

IN ACUTE SETTING INDICATION TO PCI SHOULD BETTER SELECTED BY THE HEART TEAM. HOWEVER IN STEMI OR UNSTABLE NSTEMI WHEN REFERRAL IS UNLIKELY, PCI REMAIN THE BEST OPTION



IMAGING GUIDANCE

Table 1 (continued). Overview on EBC recommendations.

Topic	Previously established (and confirmed) recommendations	New recommendations
<p>Quantitative coronary analysis General issues. Details on QCA use in bifurcations reported in a specific consensus paper¹².</p>	<ul style="list-style-type: none"> – QCA is an important standard analysis in scientific reporting and for regulatory assessment – Contemporary 3D QCA systems further provide the optimal projection angle in bifurcations and in some systems form the backbone for co-registration with OCT and IVUS 	
<p>Intracoronary imaging General issues. Details regarding IVUS use and OCT use in bifurcations reported in specific consensus papers^{16,17}.</p>	<ul style="list-style-type: none"> – Intracoronary imaging is a valuable tool in PCI on bifurcation lesion and LM since it facilitates technical planning and optimisation of the final result. – Selection of a preferred imaging modality should reflect operator experience and the primary objective of assessment – IVUS is gold standard for LM – OCT is feasible for distal LM lesions – OCT provides superior evaluation of stent and wire positions – Pullback in both MV & SB is recommended for 2-stent procedures 	<ul style="list-style-type: none"> – OCT combined with angio co-registration and sophisticated real-time analysis software provides real advantages for a stepwise bifurcation approach, especially 3D reconstruction to facilitate guidewire re-crossing towards the SB – Intracoronary imaging should be available in the cath lab and it is recommended that it is used when faced with procedural complications or unexpected technical challenges.
<p>Fractional flow reserve</p>	<ul style="list-style-type: none"> – FFR should be used in MV before treatment when ischaemia was not confirmed – SB FFR reflects proximal main vessel and SB disease/plaque burden – Pressure wires should not be routinely jailed in SB – After MV stenting, FFR in the SB is feasible (but some risk of SB dissection during wiring does exist) and more accurate than angiographic stenosis to establish SB ostial lesion severity 	



TECHNIQUES NOMENCLATURE

Target left main lesion

OSTIAL/MID-SHAFT
WITH PLANNED STENTING
LIMITED TO LM

DISEASE INVOLVING
THE DISTAL LM

One wire in the main
vessel only

Wires in both the main vessel
and the side branch
according to "jailed wire technique",
first attempt with workhorse wire in routine cases

If unsuccessful

Reshape the guidewire tip
(consider soft tip wires with
increased torquability or lubricity)

If unsuccessful

Wiring attempt using the support
of single, dual lumen
or deflectable microcatheters

If unsuccessful

Consider plaque debulking
(with rotablator if calcific lesion)

If unsuccessful

Main vessel balloon predilation
(consider undersized,
non-compliant balloons)

Percutaneous coronary intervention in left main coronary artery disease: the 13th consensus document from the European Bifurcation Club



Francesco Burzotta^{1*}, MD, PhD; Jens Flensted Lassen², MD, PhD; Adrian P. Banning³, MD, PhD; Thierry Lefèvre⁴, MD; David Hildick-Smith⁵, MD; Alaide Chieffo⁶, MD; Olivier Darremont⁷, MD; Manuel Pan⁸, MD; Yiannis S. Chatzizisis⁹, MD, PhD; Remo Albiero¹⁰, MD; Yves Louvard⁴, MD; Goran Stankovic¹¹, MD, PhD

Table 2. Maximal stent expansion of some contemporary DES according to the manufacturers' instructions for use (IFU).

DES type	DES sizes	Maximal expansion according to IFU
XIENCE Sierra	2.25-3.25 mm	3.75 mm
	3.5-4.0 mm	5.50 mm
Resolute Onyx	2.25-2.5 mm	3.25 mm
	2.75-3.0 mm	3.75 mm
	3.5-4.0 mm	4.75 mm
SYNERGY	4.5-5.0 mm	5.75 mm
	2.25-2.75 mm	3.50 mm
	3.0-3.5 mm	4.25 mm
Ultimaster	4.0 mm	5.75 mm
	2.25-3.0 mm	3.50 mm*
	3.5-4.0 mm	4.50 mm*
Orsiro	2.25-3.0 mm	3.50 mm
	3.5-4.0 mm	4.50 mm

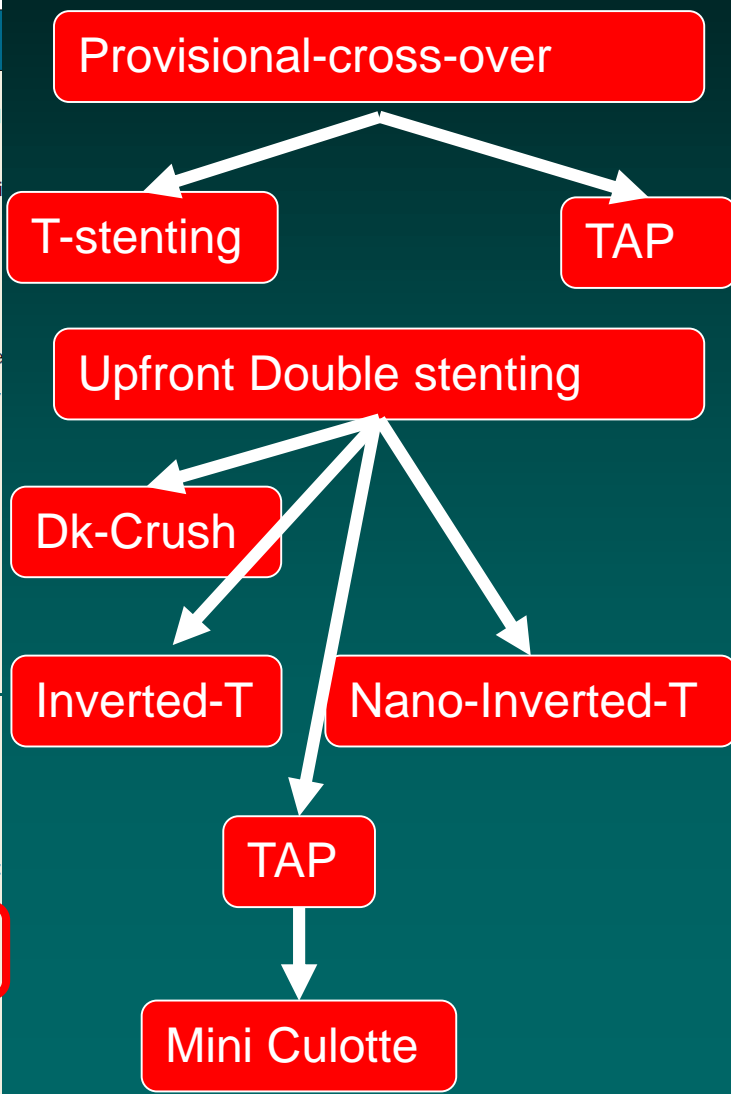
*manufacturer's advice, not in IFU.



TECHNIQUES NOMENCLATURE

Table 1 (continued). Overview on EBC recommendations.

Topic	Previously established (and confirmed) recommendations	New recommendations
One-stent strategy General issues. Details regarding one-stent strategy reported in a specific techniques consensus paper ²¹ .	<ul style="list-style-type: none"> One-stent strategy is recommended for the vast majority of bifurcated lesions and is based on a "provisional SB stenting philosophy" (stent implantation in the MV eventually followed by SB intervention and stenting if needed) MV predilation should be liberally performed Stent implantation in the MV (selected 1:1 according to the distal MV size) followed by systematic POT (post-dilation of the stent at the level of proximal MV with a balloon diameter sized 1:1 according to the proximal MV) is the recommended way to perform one-stent strategy When SB intervention is required, the following steps are advised: <ol style="list-style-type: none"> pullback rewiring technique to aim at "distal re-wiring" kissing balloon inflation using short balloons (and MV balloon sized 1:1 according to the distal MV diameter, consider non-compliant balloons). final POT (also called repeat POT or re-POT). When SB stenting is needed, T/TAP and culotte are valuable options In selected anatomic conditions, the provisional 1-stent technique may be practised according to the "inverted provisional" approach (stent implanted in SB-proximal MV, across distal MV). 	<ul style="list-style-type: none"> When treating complex bifurcations with tight SB ostial stenosis, SB dilation may be considered before MV stenting. POT efficacy is dependent on correct balloon placement (best position: just proximal to the carina and reaching up to the proximal edge of the MV stent) Kissing balloon effect is highly dependent on SB wire re-cross site and balloon selection (distal re-cross and short balloon overlaps are strongly recommended). POT-side-POT may simplify the procedure (no need to advance 2 balloons together) but its efficacy is strongly dependent on optimal positioning of POT balloon during each step. The definition of optimal SB result has yet to be established
Two-stent strategy General issues. Details regarding two-stent strategy reported in a specific techniques consensus paper ²¹ .	<ul style="list-style-type: none"> An intentional (up-front) two-stent approach represents optimal practice in selected patients with complex lesions involving large and diseased SB (especially in LM location) Meticulous lesion preparation is recommended When there is no concern about SB occlusion/re-access, techniques based on MV stenting first can be used (T, TAP and culotte stenting) When there is major concern regarding SB occlusion/re-access, SB stenting first techniques have to be selected. Among these, best options are inverted T/TAP, inverted culotte or DK-crush. Final kissing inflation (sequential high-pressure inflation followed by simultaneous inflation) is mandatory Repeat POT recommended (being careful not to reach neocarina in the case of TAP) 	<ul style="list-style-type: none"> The use of a 2-stent technique should be selected according to bifurcation anatomy and the operator's experience. Extensive understanding of the 2-stent technical steps is pivotal since adherence to best practice (sequences of ballooning, etc.) impacts on the efficacy of all 2-stent techniques. The use of POT (one, two or even three times) is part of an optimal 2-stent technique. In 2-stent techniques, final kissing might be regarded as a measure of procedural quality since failure in its performance continues to be strongly associated with adverse late clinical outcome.





LM stenting 1 vs 2 stent strategy

Clinical Research in Cardiology
<https://doi.org/10.1007/s00392-020-01679-w>

REVIEW



One- and 3-year outcomes of percutaneous bifurcation left main revascularization with modern drug-eluting stents: a systematic review and meta-analysis

Gianluca Rigatelli¹ · Marco Zuin^{1,2} · Pavel Nikolov³ · Nyha Mileva³ · Dobrin Vassilev³

Received: 13 April 2020 / Accepted: 26 May 2020
© Springer-Verlag GmbH Germany, part of Springer Nature 2020

Abstract

Aims Optimal percutaneous coronary intervention (PCI) strategy for coronary left main (LM) bifurcation lesions remains controversial. We performed systematic review and meta-analysis comparing one and 3-year clinical outcomes of 1- and 2- stent strategies using modern drug eluting stents (DESs) for revascularization of LM bifurcation disease.

Methods We systematically identified all investigations published between January 2015 and February 2020 comparing the use of single versus double-stent strategies for the revascularization of LM bifurcation lesions. The primary endpoint was 1- and 3-years all-cause mortality. Secondary outcomes included target lesion revascularization (TLR), target lesion failure (TLF), major adverse cardiovascular vents (MACEs) and cardiovascular (CV) mortality while the tertiary outcome was overall occurrence of stent thrombosis (ST) at 1- and 3-years.

Results No significant differences were observed between the two groups in terms of all-cause mortality rate both at 1 and 3-year follow-up. Single stent strategy was associated with a significantly lower risk of TLR (OR 0.78, 95% CI 0.62–0.97, $p=0.03$, $I^2=61\%$) as well as of MACEs (OR 0.78, 95% CI 0.63–0.97, $I^2=24\%$) compared to 2-stent strategy. Conversely no significant differences between the two groups were observed in terms of TLF, CV mortality and ST during the same follow-up period.

Conclusions In patients with LM bifurcation disease, single stent strategy demonstrated lower rate of MACEs and TLR but was not superior to 2-stent strategy in terms of CV mortality, TLF and ST at 1 and 3-year follow-up.

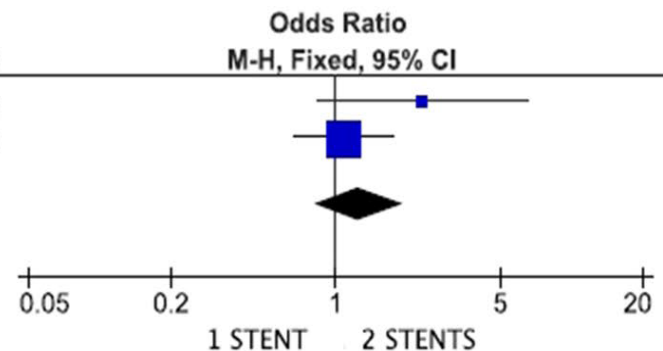


LM stenting 1 vs 2 stent strategy

A All-cause mortality at 1 year

Study or Subgroup	1 STENT		2 STENTS		Weight	Odds Ratio		Year
	Events	Total	Events	Total		M-H, Fixed, 95% CI	Year	
Kawamoto 2018	15	216	5	161	14.2%	2.33 [0.83, 6.54]	2018	
Ferenc 2019	42	477	32	390	85.8%	1.08 [0.67, 1.75]	2019	
Total (95% CI)		693		551	100.0%	1.26 [0.82, 1.94]		
Total events	57		37					

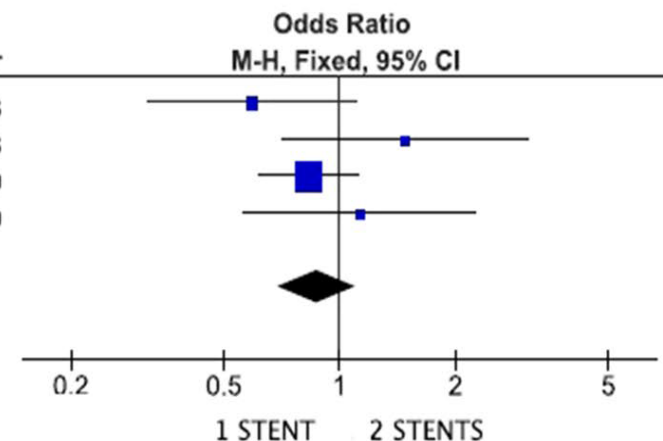
Heterogeneity: $\text{Chi}^2 = 1.75$, $\text{df} = 1$ ($P = 0.19$); $I^2 = 43\%$
 Test for overall effect: $Z = 1.04$ ($P = 0.30$)



B All-cause mortality at 3 years

Study or Subgroup	1 STENT		2 STENTS		Weight	Odds Ratio		Year
	Events	Total	Events	Total		M-H, Fixed, 95% CI	Year	
Kandzari 2018	23	344	20	185	16.6%	0.59 [0.32, 1.11]	2018	
Kawamoto 2018	23	216	12	161	8.4%	1.48 [0.71, 3.07]	2018	
Ferenc 2019	125	477	117	390	64.9%	0.83 [0.62, 1.12]	2019	
Chen 2019	18	242	16	240	10.2%	1.13 [0.56, 2.26]	2019	
Total (95% CI)		1279		976	100.0%	0.87 [0.69, 1.11]		
Total events	189		165					

Heterogeneity: $\text{Chi}^2 = 4.11$, $\text{df} = 3$ ($P = 0.25$); $I^2 = 27\%$
 Test for overall effect: $Z = 1.12$ ($P = 0.26$)



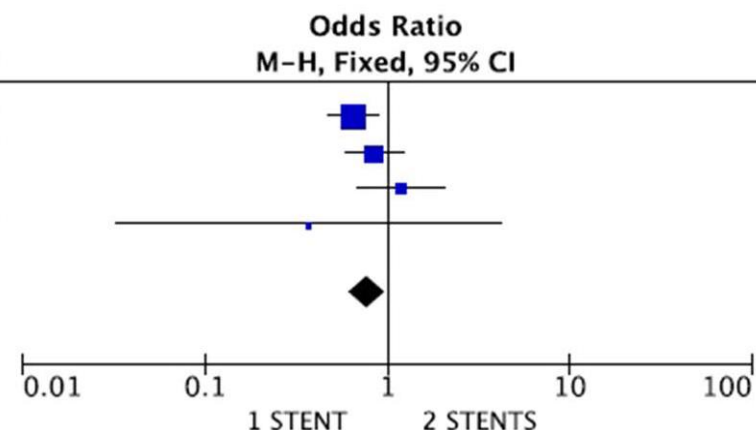


LM stenting 1 vs 2 stent strategy

C MACE

Study or Subgroup	1 STENT		2 STENTS		Weight	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Ferenc 2019	92	477	105	390	52.2%	0.65 [0.47, 0.89]
Gao 2015	83	661	54	372	33.8%	0.85 [0.58, 1.22]
Kawamoto 2018	37	216	24	161	12.8%	1.18 [0.67, 2.07]
Zhang 2015	1	50	2	38	1.2%	0.37 [0.03, 4.21]
Total (95% CI)		1404		961	100.0%	0.78 [0.63, 0.97]

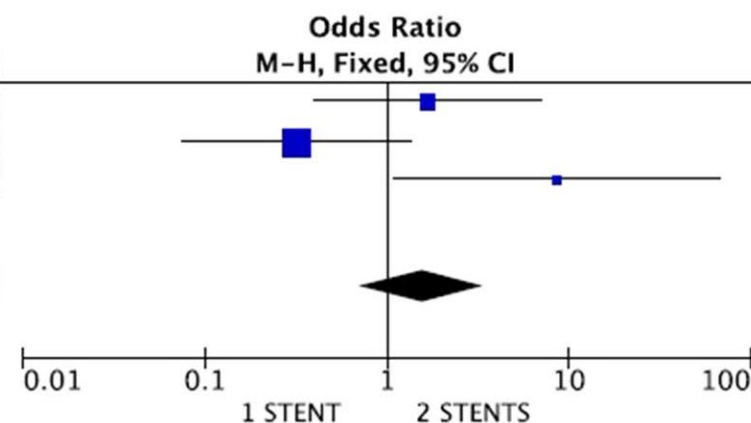
Total events 213 185
 Heterogeneity: $\text{Chi}^2 = 3.93$, $\text{df} = 3$ ($P = 0.27$); $I^2 = 24\%$
 Test for overall effect: $Z = 2.23$ ($P = 0.03$)



D CV MORTALITY

Study or Subgroup	1 STENT		2 STENTS		Weight	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Chen 2019	5	242	3	240	28.1%	1.67 [0.39, 7.05]
Kandzari 2019	3	344	5	185	61.5%	0.32 [0.07, 1.34]
Kawamoto 2018	11	216	1	161	10.4%	8.59 [1.10, 67.19]
Total (95% CI)		852		624	100.0%	1.55 [0.71, 3.42]

Total events 19 9
 Heterogeneity: $\text{Chi}^2 = 7.33$, $\text{df} = 2$ ($P = 0.03$); $I^2 = 73\%$
 Test for overall effect: $Z = 1.10$ ($P = 0.27$)

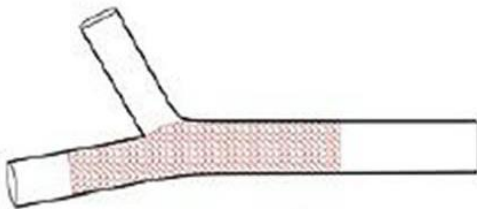




LM stenting 1 vs 2 stent strategy

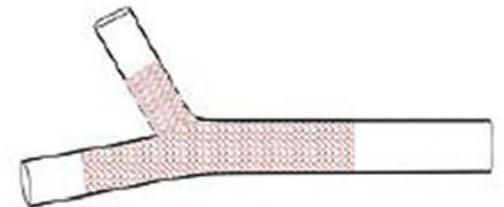
Stenting for LM Bifurcation

Provisional Strategy



Vs

Two-stent strategy



Lower rate of MACEs and TLR in favour of provisional strategy @ 1 and 3 years

No differences in CV mortality, TLF and ST @ 1 and 3 years



LM stenting: short vs long DAPT

Cardiovascular Revascularization Medicine xxx (xxxx) xxx



Contents lists available at ScienceDirect

Cardiovascular Revascularization Medicine



Outcomes of left main bifurcation stenting depends on both length of dual antiplatelet therapy and stenting strategy

Gianluca Rigatelli ^{a,*}, Marco Zuin ^{a,b}, Dobrin Vassilev ^c, Gaetano Maria De Ferrari ^d, Fabrizio D'Ascenzo ^{d,e,f}

^a Cardiovascular Diagnosis and Endoluminal Interventions Unit, Rovigo General Hospital, Rovigo, Italy

^b University of Ferrara, School of Medicine, Ferrara, Italy

^c Department of Cardiology, Alexandrovska University Hospital, Sofia, Bulgaria

^d Division of Cardiology, Department of Internal Medicine, Città della Salute e della Scienza, Turin, Italy

^e Department of Cardiovascular Medicine, Nippon Medical School, Tokyo, Japan

^f Division of Cardiology, University Hospital of Zürich, Zürich, Switzerland

ARTICLE INFO

Article history:

Received 5 March 2020

Received in revised form 25 March 2020

Accepted 25 March 2020

Available online xxxxx

Keywords:

Left main bifurcation

Stent strategy

DAPT duration

ABSTRACT

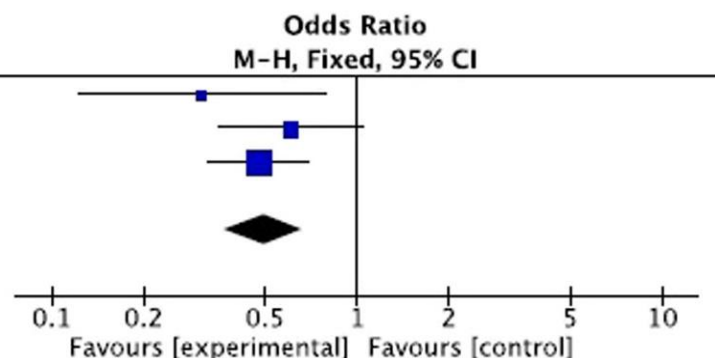
Data regarding the optimal dual antiplatelet therapy (DAPT) duration in patients treated with a 1- versus a 2-stent strategy in LM bifurcation PCI are scant. A literature search based on Cochrane Library, Embase, PubMed and Google Scholar was performed to locate articles published between January 2015 and January 2020. The following MeSH terms were used for the search: "Left Main" AND "DAPT Duration" AND "stent" OR "stenting". The analysis was conducted following the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement. Occurrence of major adverse cardiovascular events (MACEs) according to length of DAPT and stenting strategy was analysed. A total of 256 articles were retrieved and after evaluation, 3 articles evaluating the results of 8 large registries were included into the analysis including a final population of 4117 patients [mean age 65.7 years, 3133 (76.0%) males]. A short-term DAPT resulted in a lower risk of MACEs in patients treated with a single stent strategy (OR: 0.49, 95% CI [0.33–0.67], $p < 0.001$, $I^2 = 0\%$), whereas a DAPT > 12 months resulted in a significant higher risk of MACEs in the same group (OR: 7.20, 95% CI [5.00–10.7], $p = 0.001$, $I^2 = 61\%$) compared to double stent strategy. The available data support the use of short DAPT in single cross-over LM stenting whereas a long DAPT seems to be more appropriate after a double stenting strategy in LM bifurcation PCL

General characteristics of the studies included into the analysis. DAPT: dual antiplatelet therapy. CV: cardiovascular; MI: myocardial infarction; TLR: target lesion revascularization; ST: stent thrombosis.

Study	Entire population	Mean age (years)	Males, n (%)	MACE definition	DAPT duration		Stent strategy	
					DAPT ≤ 12 months	DAPT > 12 months	1-Stent	2-Stent
D'Ascenzo et al [4]	2275	68.7 ± 11.1	1761 (77.5)	Composite of CV death, MI, TLR and ST	317 (13.9)	1958 (86.1)	1653 (80.6)	399 (19.4)
Cho et al. [6]	1142	63.0 ± 10.2	852 (76.4)	Composite of cardiac death, fatal or nonfatal MI, stroke, MI	373 (32.6)	769 (67.3)	838 (73.3)	304 (26.6)
Rhee et al. [7]	700	65.3 ± 10.5	520 (74.3)	Composite of cardiac death, all-cause MI, definite or probable ST	176 (25.1)	524 (74.8)	133 (19.5)	567 (80.5)

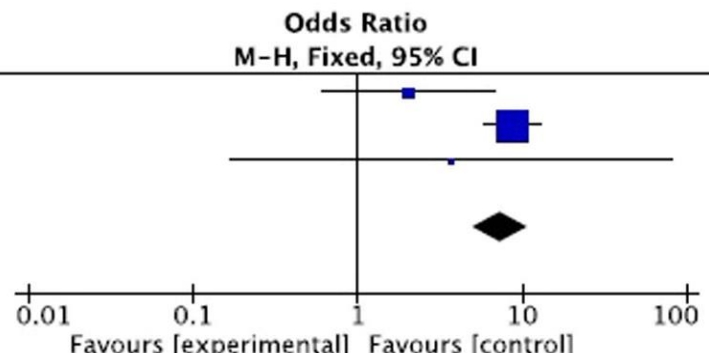
DAPT ≤ 12 months

Study or Subgroup	1 - stent		2 - stent		Weight	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Rhee 2018	18	147	9	29	11.4%	0.31 [0.12, 0.78]
Cho 2020	171	303	47	70	29.6%	0.61 [0.35, 1.05]
D'Ascenzo 2020	94	1635	45	395	59.0%	0.47 [0.33, 0.69]
Total (95% CI)		2091		494	100.0%	0.49 [0.37, 0.67]
Total events	283		101			
Heterogeneity: Chi ² = 1.55, df = 2 (P = 0.46); I ² = 0%						
Test for overall effect: Z = 4.66 (P < 0.00001)						



DAPT >12 months

Study or Subgroup	1 - stent		2 - stent		Weight	Odds Ratio M-H, Fixed, 95% CI
	Events	Total	Events	Total		
Rhee 2018	24	420	3	104	18.2%	2.04 [0.60, 6.91]
Cho 2020	340	535	39	234	79.5%	8.72 [5.92, 12.83]
D'Ascenzo 2020	5	18	0	4	2.3%	3.67 [0.17, 80.21]
Total (95% CI)		973		342	100.0%	7.39 [5.09, 10.72]
Total events	369		42			
Heterogeneity: Chi ² = 5.18, df = 2 (P = 0.08); I ² = 61%						
Test for overall effect: Z = 10.53 (P < 0.00001)						



A

B



LM stenting: THIN vs THICK struts

Original article



Impact of the metal-to-artery ratio on clinical outcomes in left main and nonleft main bifurcation: insights the RAIN-CARDIOGROUP VII study (veRy thin stents for patients with left mAIn or bifurcationN in real life)

Mario Iannaccone^{b,*}, Fabrizio D'Ascenzo^{a,*}, Paolo Gatti^{a,*}, Enrico Cerrato^d, Ivan Nuñez-Gil^g, Wojciech Wojakowski^e, Davide Capodanno^f, Filippo Figini^c, Wojciech Wańha^e, Alaide Chieffo^c, Gaetano Maria De Ferrari^a and Carlo Di Mario^h

Introduction The impact on clinical outcomes of the metal coverage on the coronary surface (namely the metal-to-artery ratio) of currently used drug-eluting stents (DES) has not been defined.

Methods All patients with a left main or bifurcation stenosis treated with percutaneous coronary intervention (PCI) using ultrathin stents (struts thinner than 81 μm) were enrolled with a prospective multicentre fashion. The rate of device-oriented endpoint [DOE, defined as a composite of target lesion revascularization (TLR) and stent thrombosis] was the primary endpoint, while its single components were the secondary ones, evaluated according to the metal-to-artery ratio.

Results After 14 ± 10.4 months 62 (7.5%) of 830 patients undergoing PCI on left main experienced a DOE without differences in the metal-to-artery ratio (14.5 ± 2.1 vs. 14.4 ± 1.9 , $P = 0.51$). Fifty out (2.4%) of 2082 patients treated with PCI on a coronary bifurcation other than left main experienced a DOE, with a higher mean metal-to-artery ratio (15.3 ± 2.1 vs. 14.6 ± 2 , $P = 0.01$). At multivariate analysis, together with hypertension and diabetes, the metal-to-artery ratio was an independent predictor of DOE (hazard ratio 1.7:1.02–1.34, $P = 0.02$) in nonleft main PCI. When analysed for diameter, we found a significant correlation with DOE when the stent diameter was inferior to 3.0 mm (hazard ratio 1.21: 1.06–1.38, $P < 0.01$, all 95% confidence interval); this result was mainly consistent for patients treated with provisional stenting. The metal-to-artery ratio does not impact on outcomes in left main PCI, both in the provisional or two-stent technique, and generally when a

drug-eluting stent more than 3.5 mm in diameter is implanted. Regarding nonleft main PCI, it is independently related to DOE and TLR, especially for DES with a diameter of 3.25 mm or less.

Conclusion The metal-to-artery ratio does not impact on outcomes in left main PCI, both in the provisional or two-stent technique, and generally when a drug-eluting stent more than 3.5 mm in diameter is implanted. Regarding nonleft main PCI, it is independently related to DOE and TLR, especially for DES with a diameter of 3.25 mm or less.

J Cardiovasc Med 2020, 21:669–674

Keywords: coronary bifurcation, coronary percutaneous intervention, drug-eluting stent, left main, metal-to-artery ratio, stent design, ultrathin struts

^aDivision of Cardiology, Città Della Salute e della Scienza Hospital, Turin, ^bDivision of Cardiology, S.S. Annunziata Hospital, ASL CN1, Savigliano, ^cInterventional Cardiology Unit, San Raffaele Scientific Institute, Milan, ^dInterventional Cardiology, San Luigi Gonzaga University Hospital, Orbassano and Rivoli Infermi Hospital, Rivoli, Turin, ^eDepartment of Cardiology and Structural Heart Diseases, Medical University of Silesia, Katowice, Poland, ^fC.A.S.T., P.O. Gaspare Rodolico, Azienda Ospedaliera Universitaria Policlinico-Vittorio Emanuele, Catania, Italy, ^gDivision of Cardiology, Interventional Cardiology, Hospital Clínico San Carlos, Madrid, Spain and ^hStructural Interventional Cardiology, Careggi University Hospital, Florence, Italy

Correspondence to Paolo Gatti, Division of Cardiology, Città Della Salute e della Scienza Hospital, 10100, Turin, Italy
E-mail: 88paolo.gatti@gmail.com

- A list of study collaborators can be found in the Appendix.

Received 3 February 2020 Revised 27 April 2020
Accepted 1 May 2020

**Metal-to-artery ratio:
the ratio
between the endoluminal vessel
surface and the stent
struts surface**

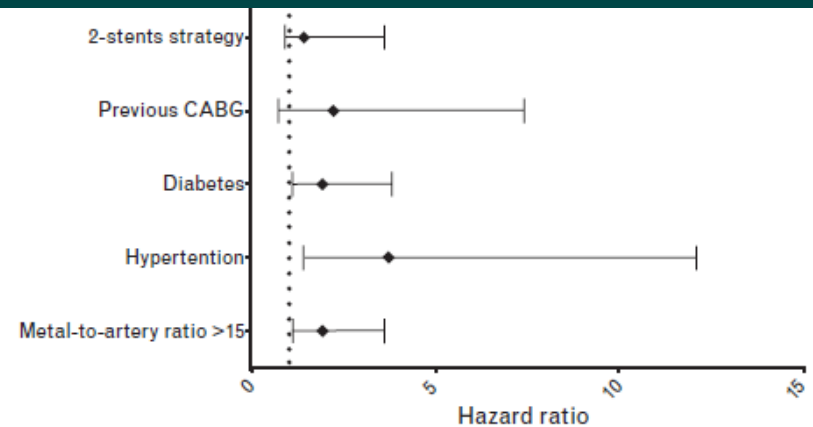
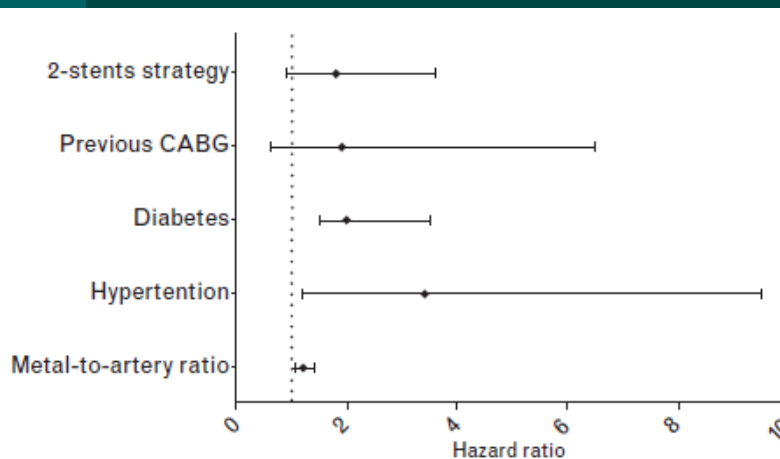


LM stenting: THIN vs THICK struts

left main bifurcation provisional stenting 5.7% experienced device oriented end points: metal-to-artery 14.3 ± 1.9 vs. 14.6 ± 2.2 $P=0.56$

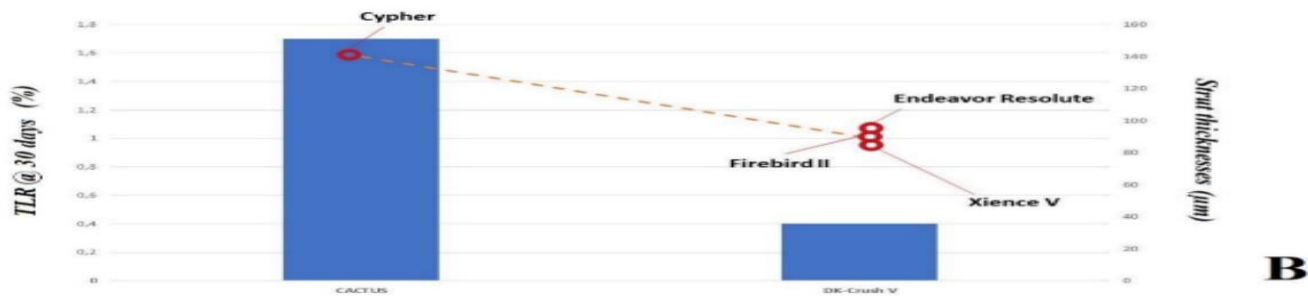
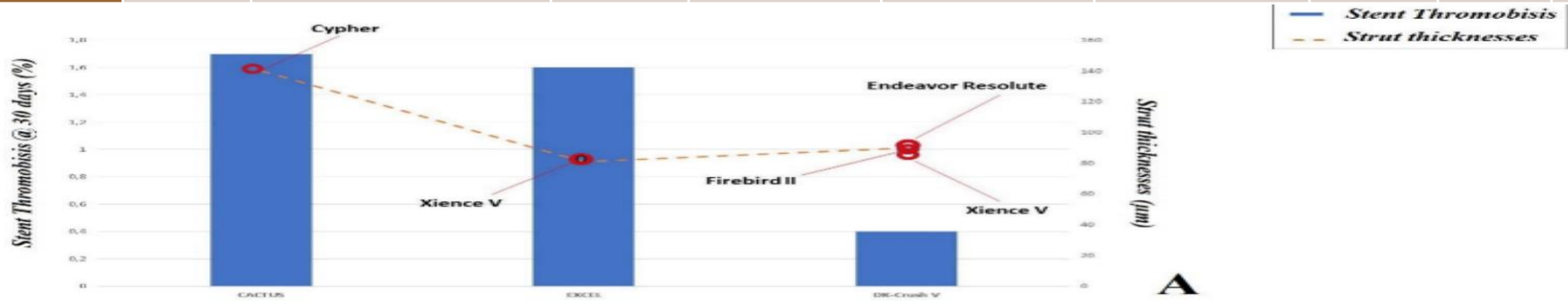


Left main bifurcation with two-stent technique 14.9% experienced device oriented end points, metal-to-artery 14.3 ± 1.9 vs. 14.6 ± 2.1 , $P=0.49$



When using ultrathin <80 micron strut stent there is no impact of metal artery/ ratio on outcomes in left main 1 versus 2 stent strategy

Trial	Year	Stent used [strut thickness, (μm)]	Mean age (years)	Males N. (%)	Double stenting techniques (Pts.N)	Technique used	CV death (%)	TLR (%)	ST (%)
CACTUS [2]	2009	Cypher [140]	65 \pm 10	142 (80.2)	177	Crush	0	1.7	1.7
DK Crush V [3]	2017	Xience V [81] Endeavor Resolute [90] Firebird II [86]	65 \pm 9	199 (82.9)	240	DK crush	0	0.4	0.4
EXCEL [4]	2018	Xience V [81]	66.8 \pm 9.3	141 (76.2)	185	T, TAP Culotte Reverse crush	2,7	NR	1,6

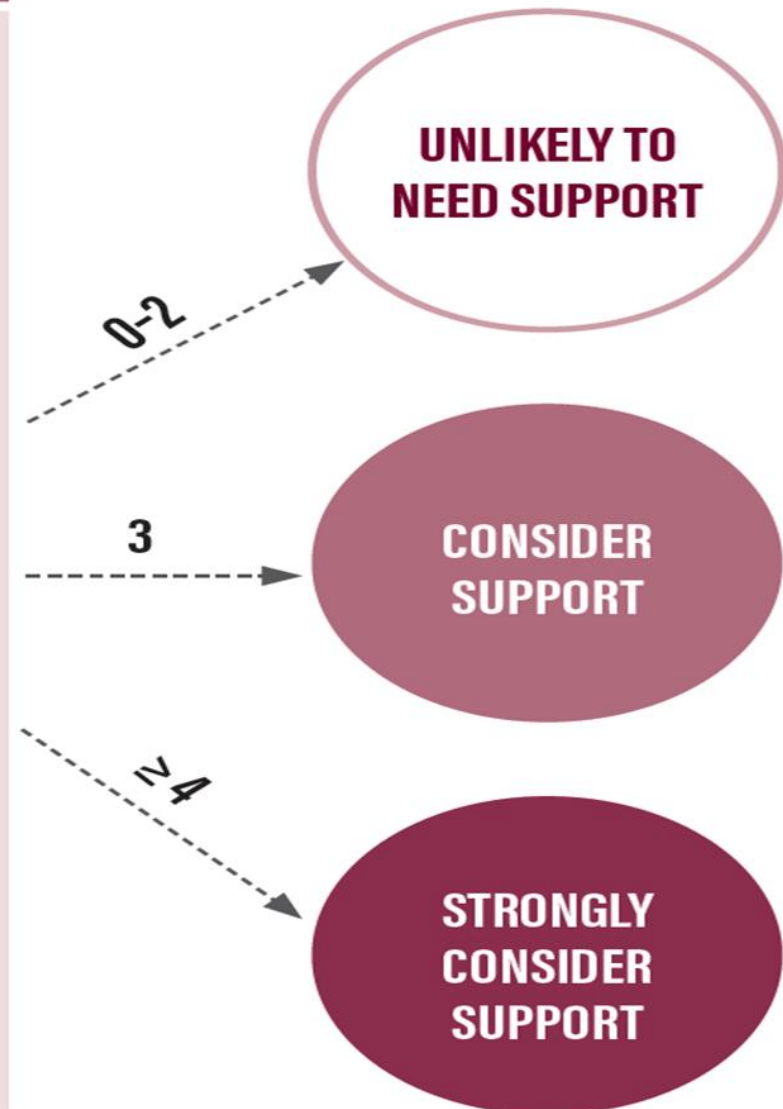


PROTECTED PCI ALGORITHM

LVEF < 50%: EVALUATE ALGORITHM

LVEF < 40%: RECOMMEND RHC PRIOR TO PCI

- +2 Cardiac index < 2.0 L/min/m² or PA sat < 55%
- +1 Syntax score ≥ 22
- +1 Ejection fraction < 25%
- +1 Systolic BP < 100 mm Hg at baseline
- +1 ACS presentation
- +1 Planned revascularization > 2 territories
- +1 Likely prolonged ischemia
 - Retrograde chronic total occlusion
 - Atherectomy
- +1 Severe mitral regurgitation
- +1 Decompensated state
 - LVEDP > 20 mm Hg
 - Significant new orthopnea
- 1 High-risk vascular injury/significant bleeding
- 1 Hemoglobin < 8 g/dL





General considerations

SYNTAX SCORE: 32



High risk PCI

EuroSCORE: 12



High risk CABG

EuroSCORE II: 6.03

DAPT score: 3



High Thrombotic risk

PRECISE-DAPT: 23



Moderate bleeding risk

+ 80% long middle-distale disease

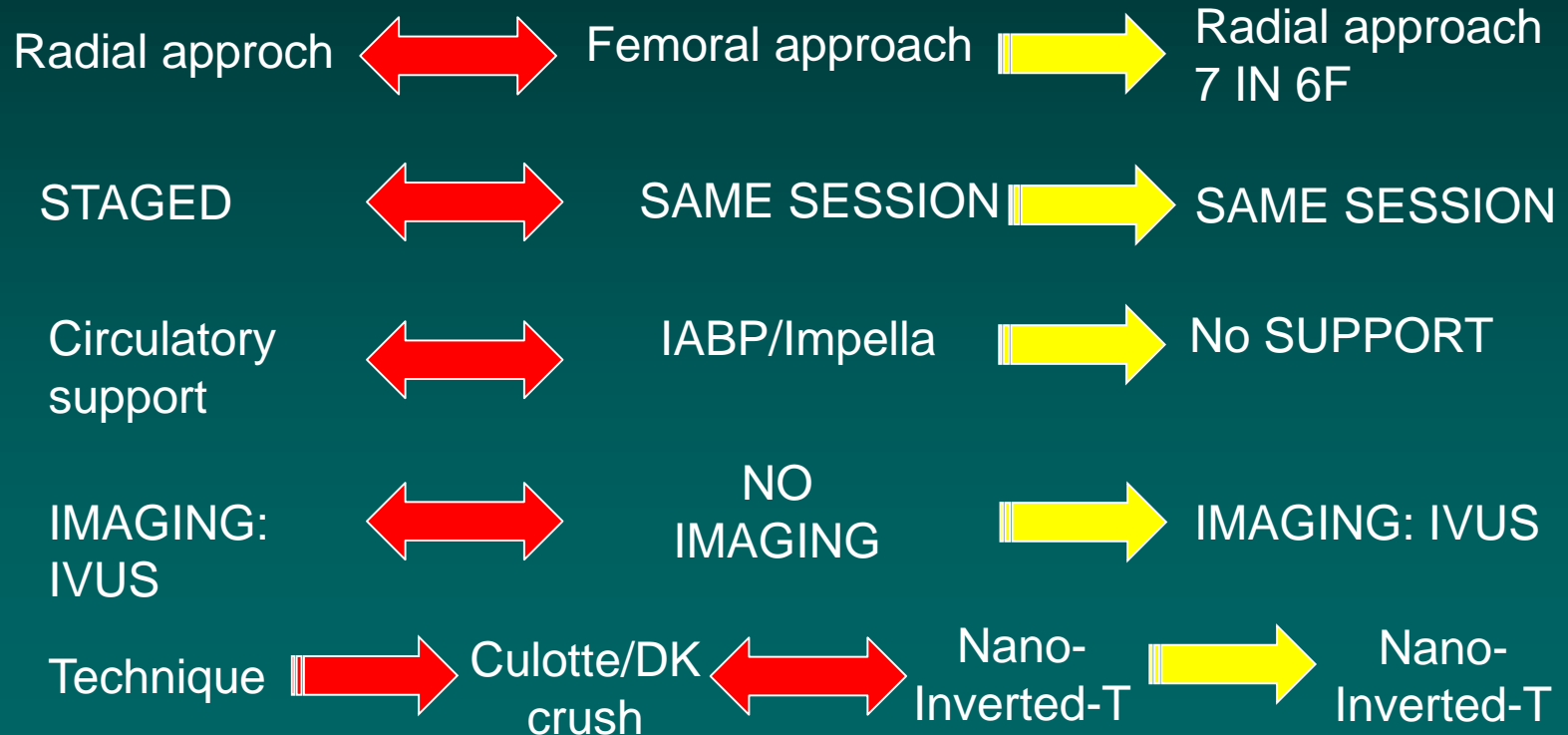


However the patient categorically refused any surgical option



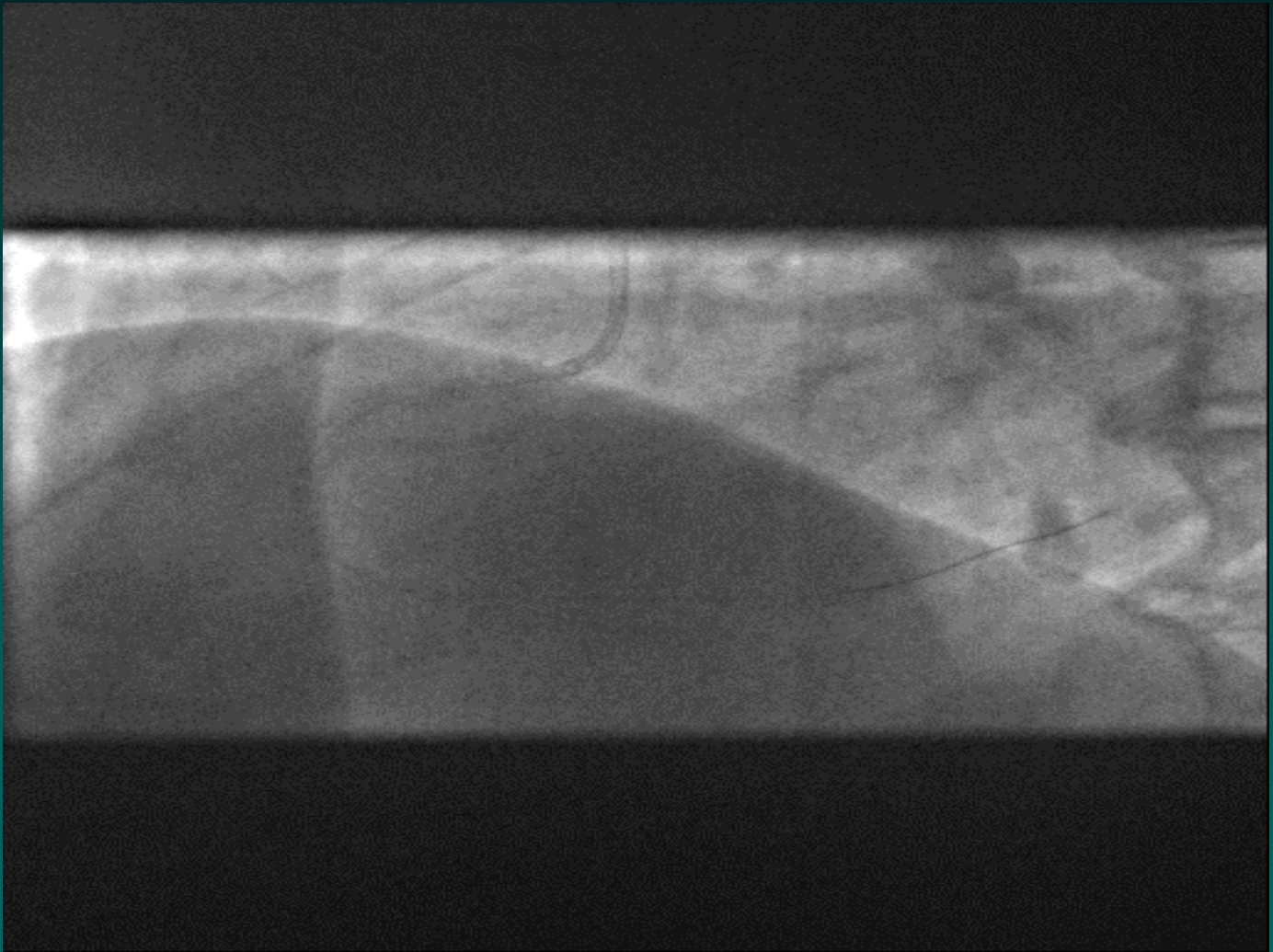
PCI planning

The patient is not a real CHIP patient but he can be considered at high risk





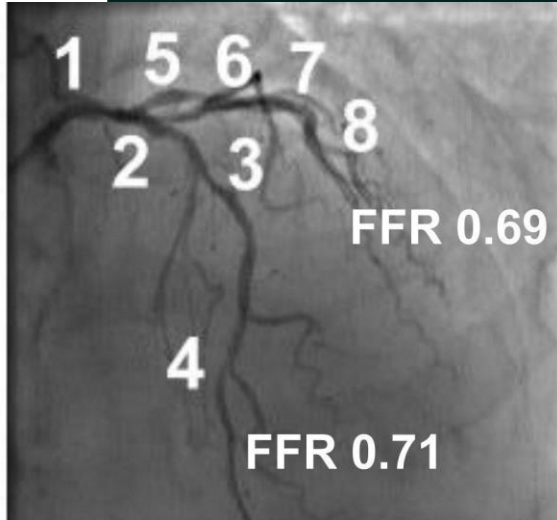
PCI RCA



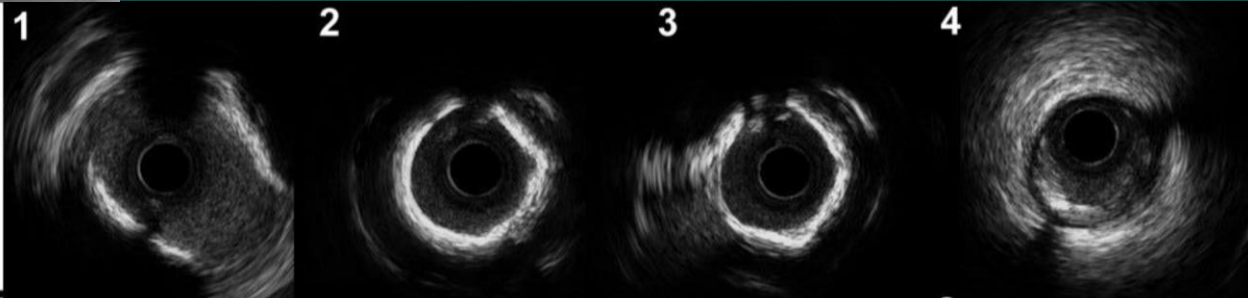


PCI LCA: IVUS

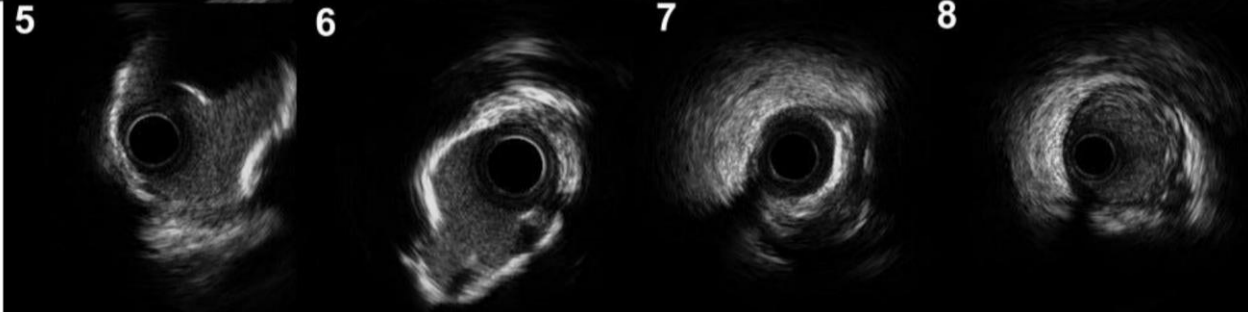
Angiography



IVUS LM > LAD

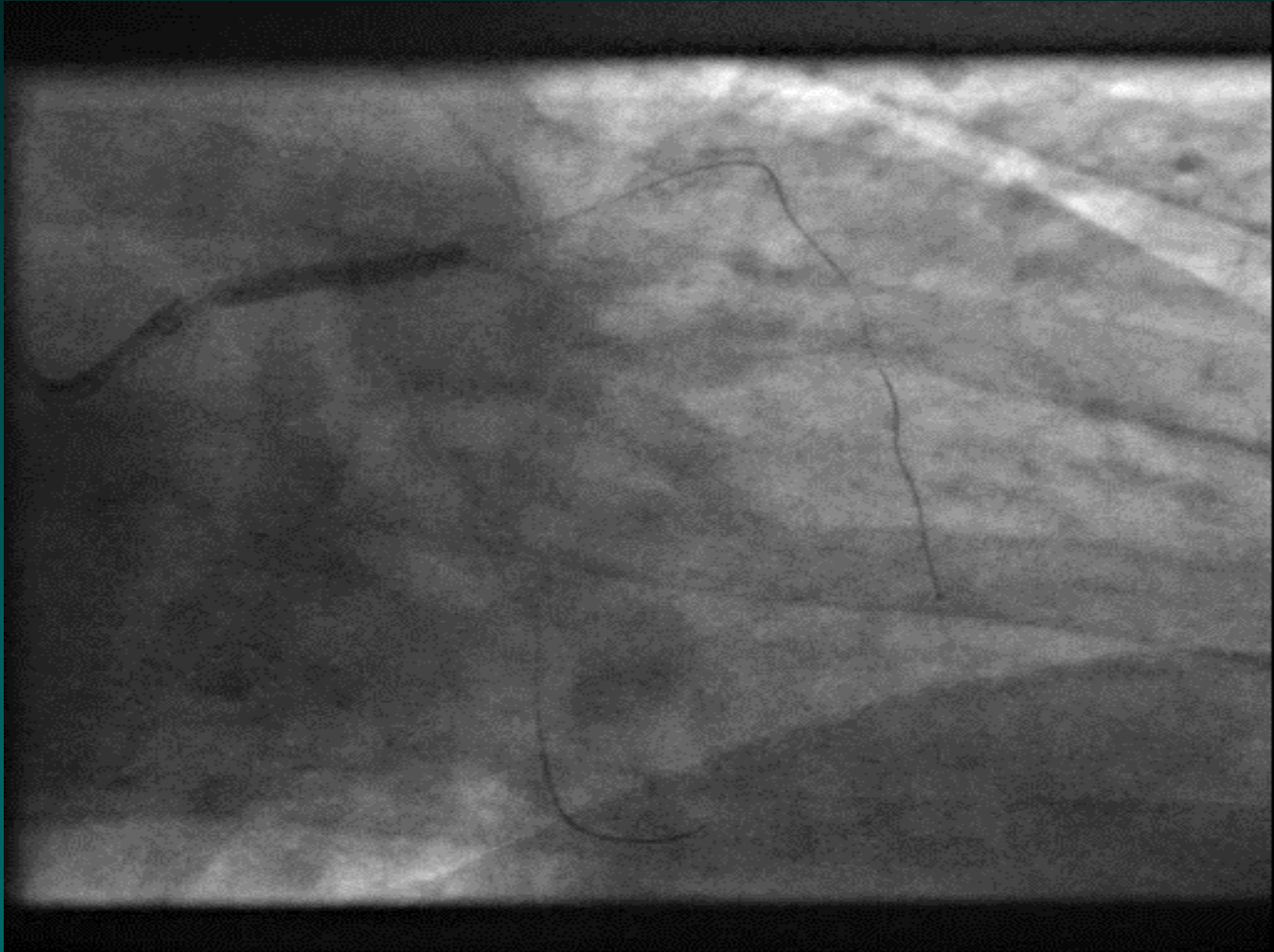


IVUS LM > LCx



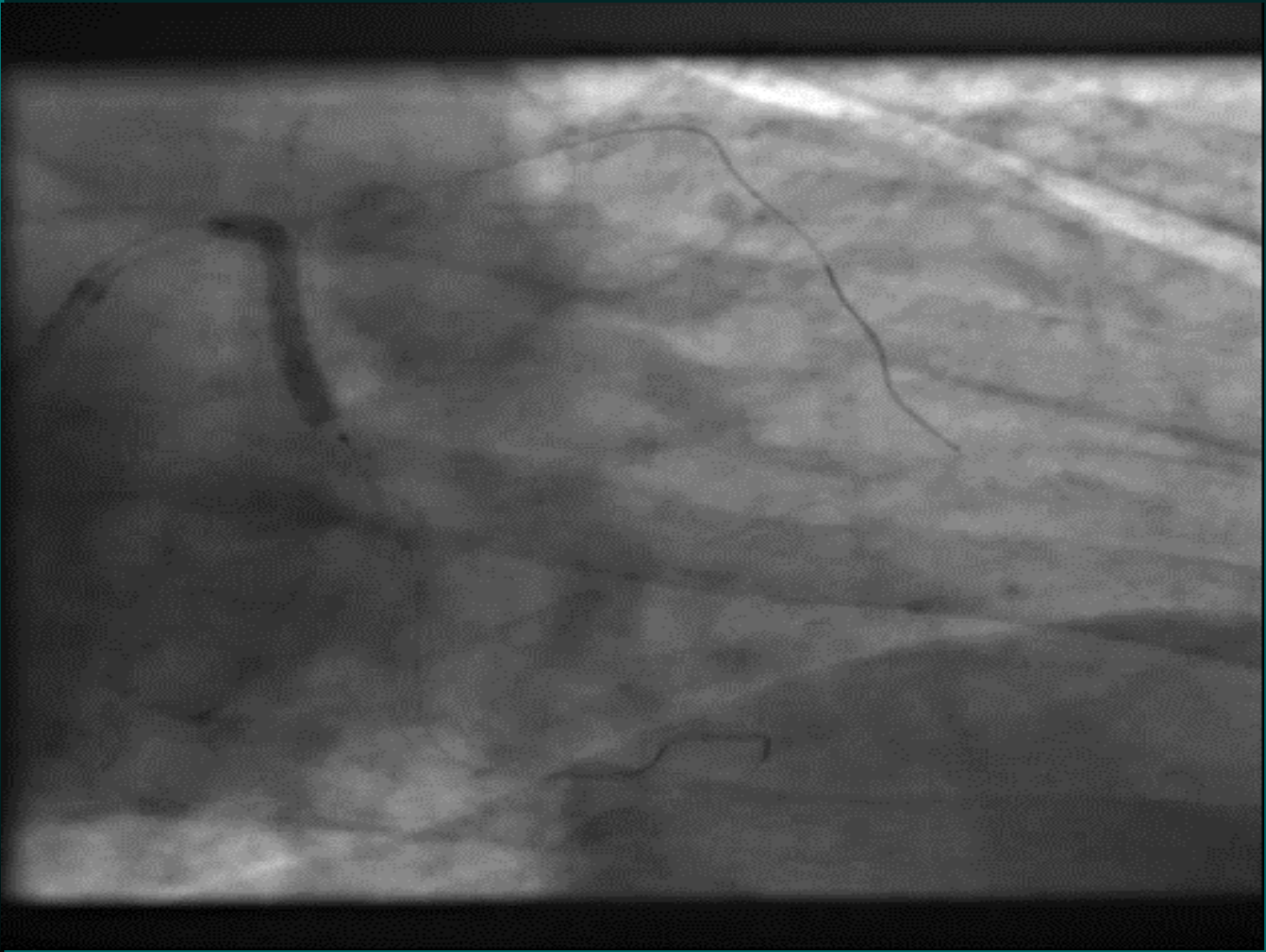


PCI LCA



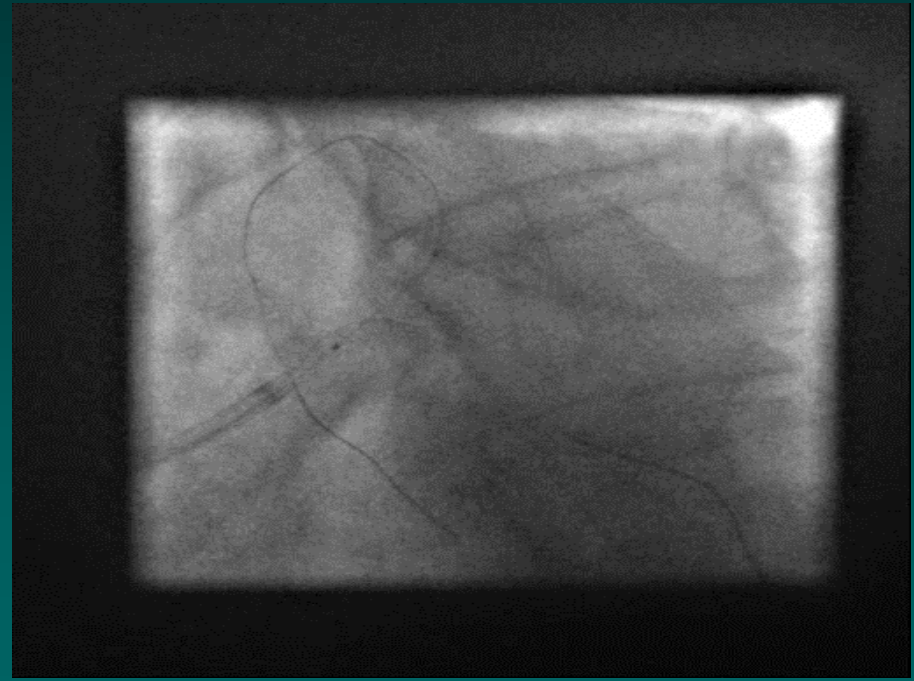
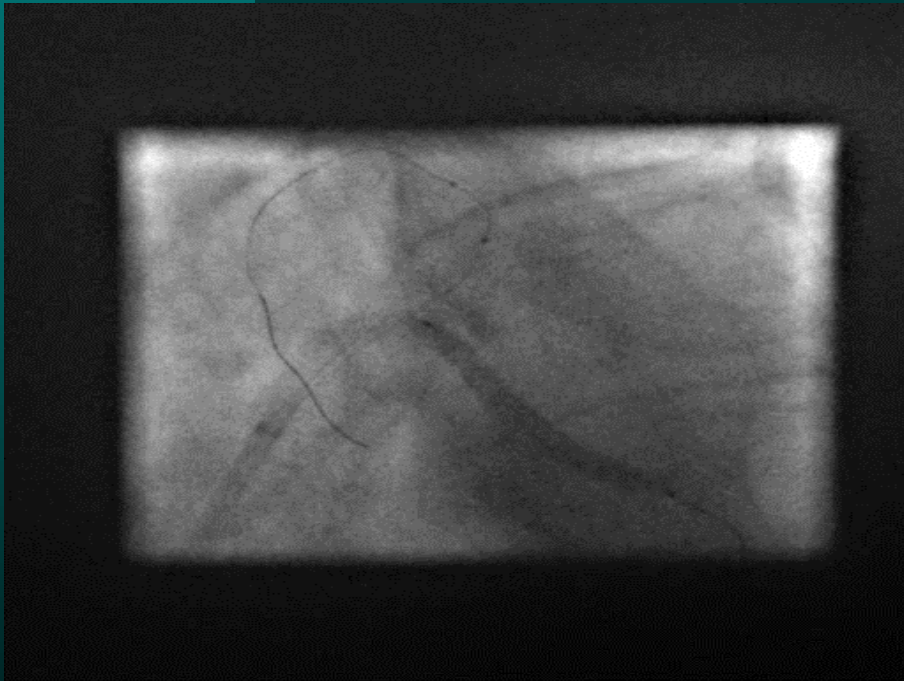


PCI LCA



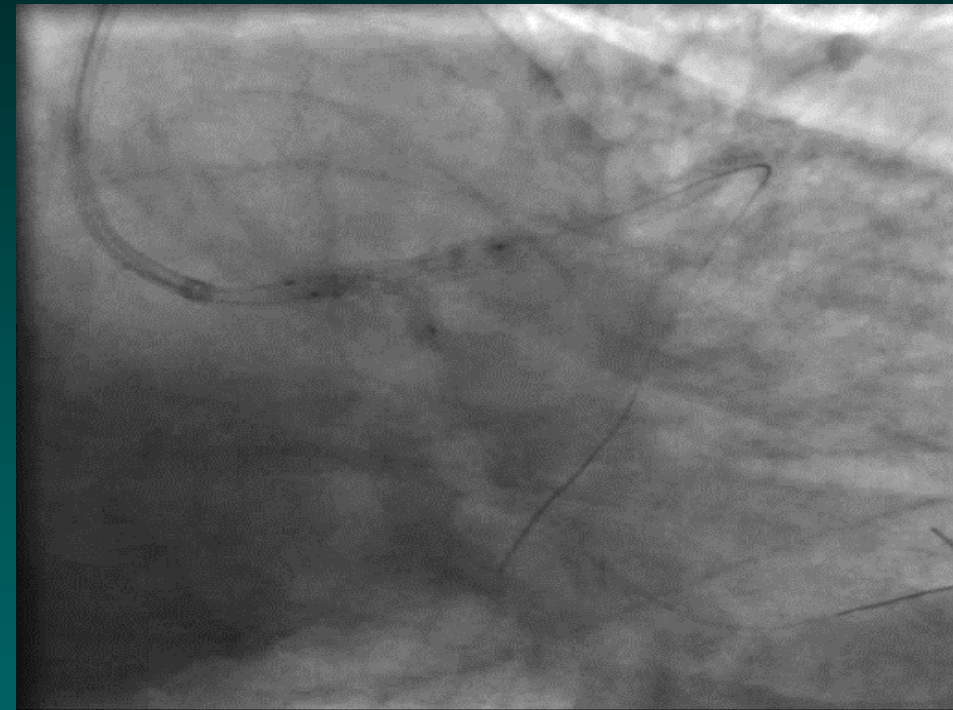
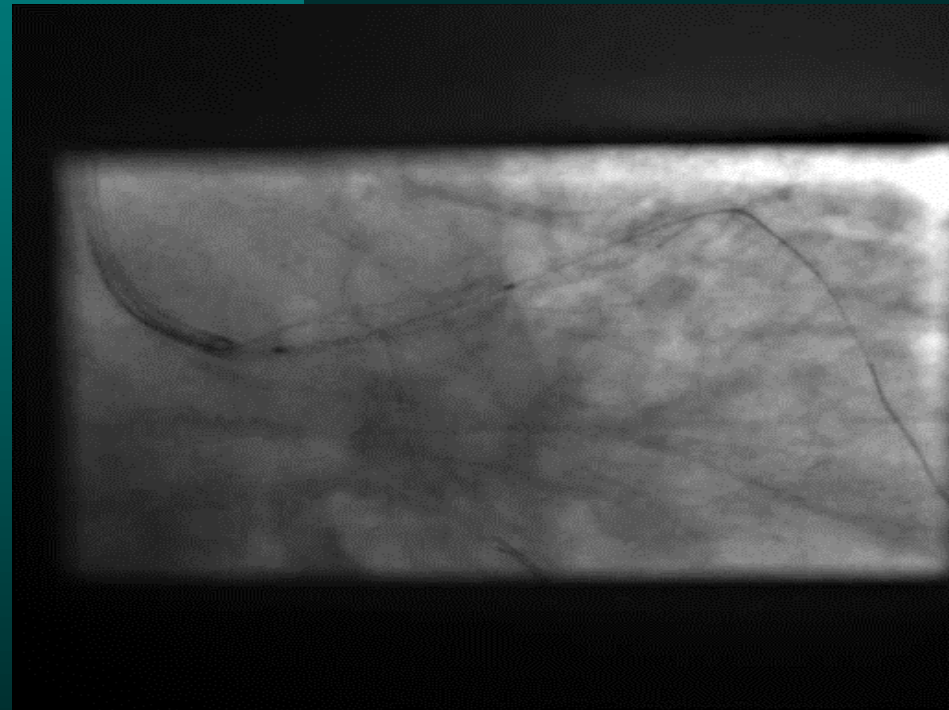


PCI LCA



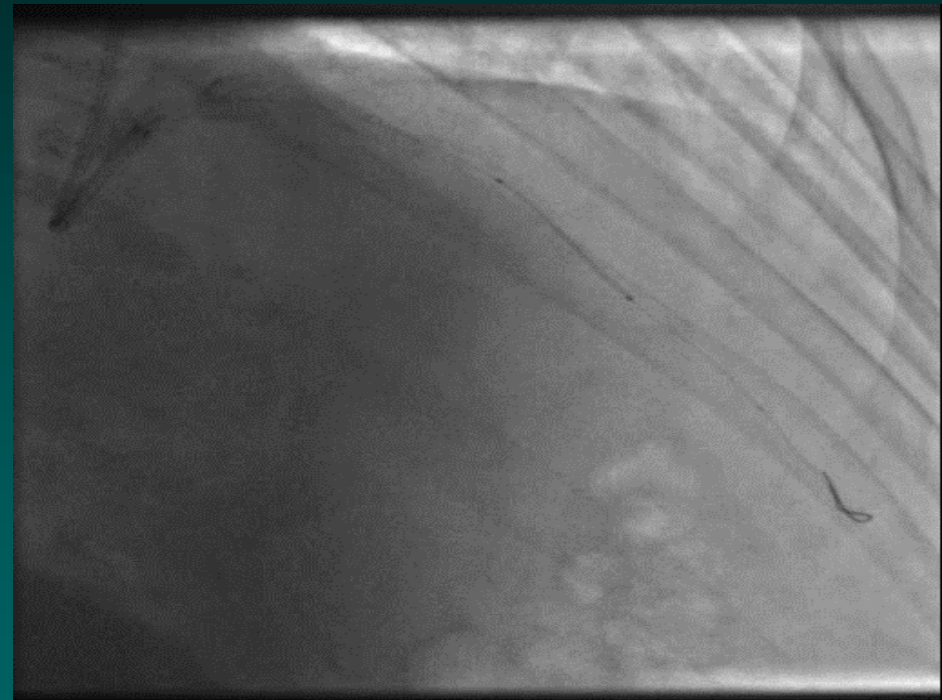
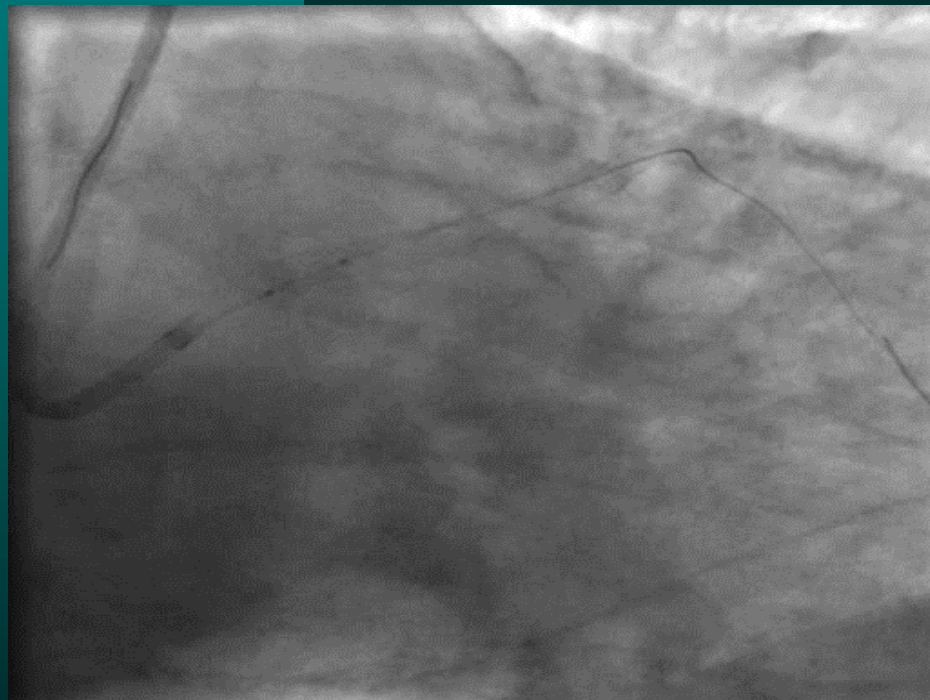


PCI LCA



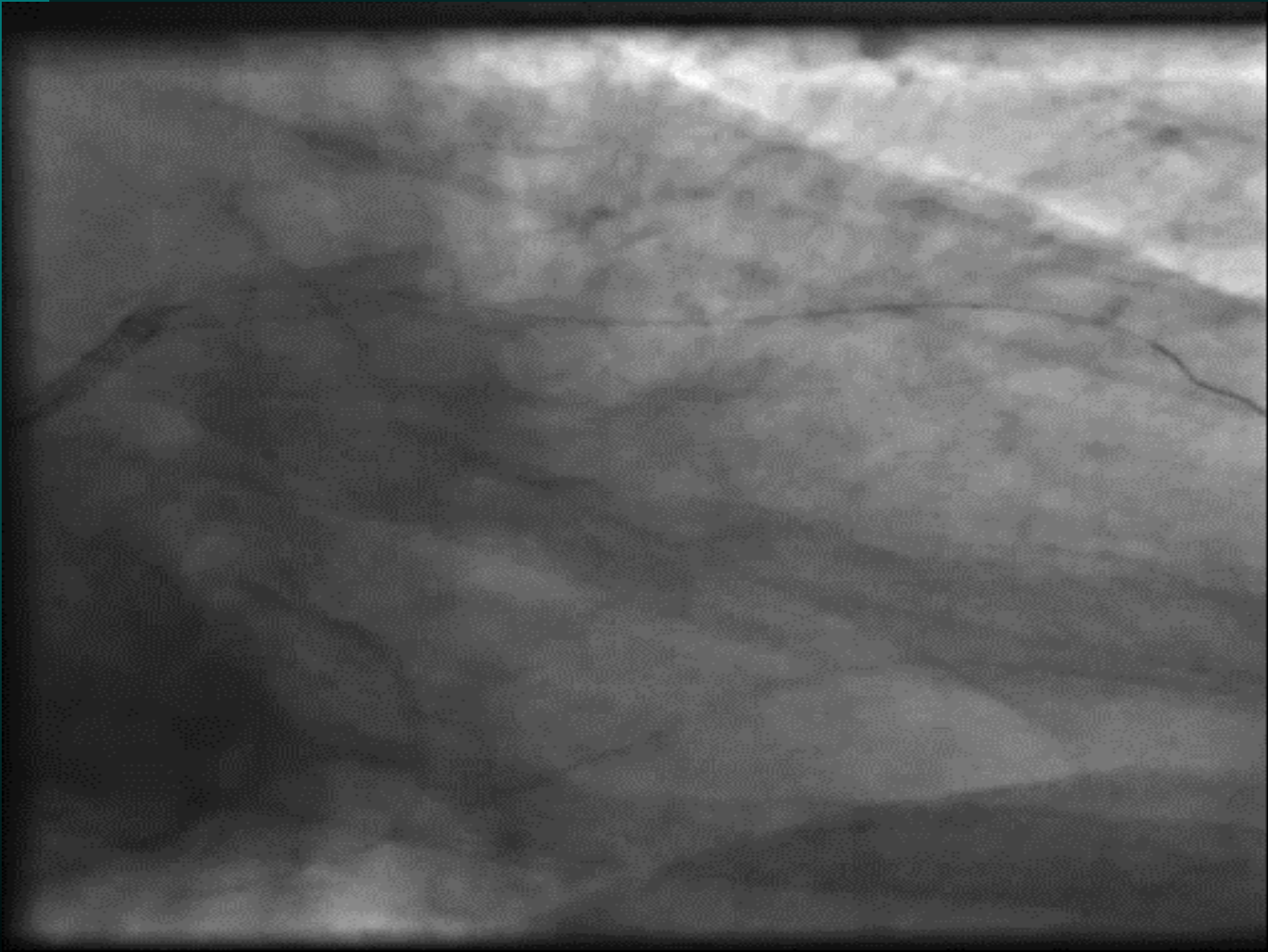


PCI LCA





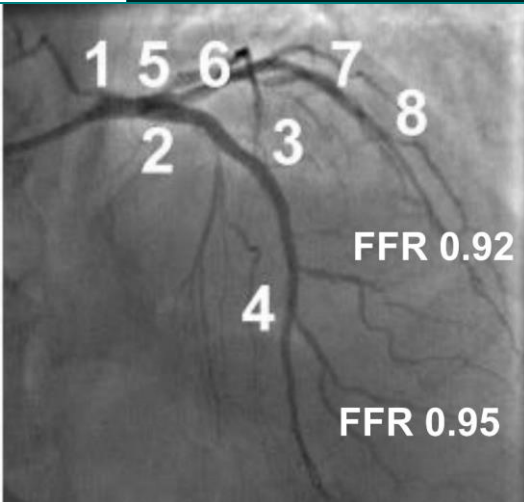
Final Result





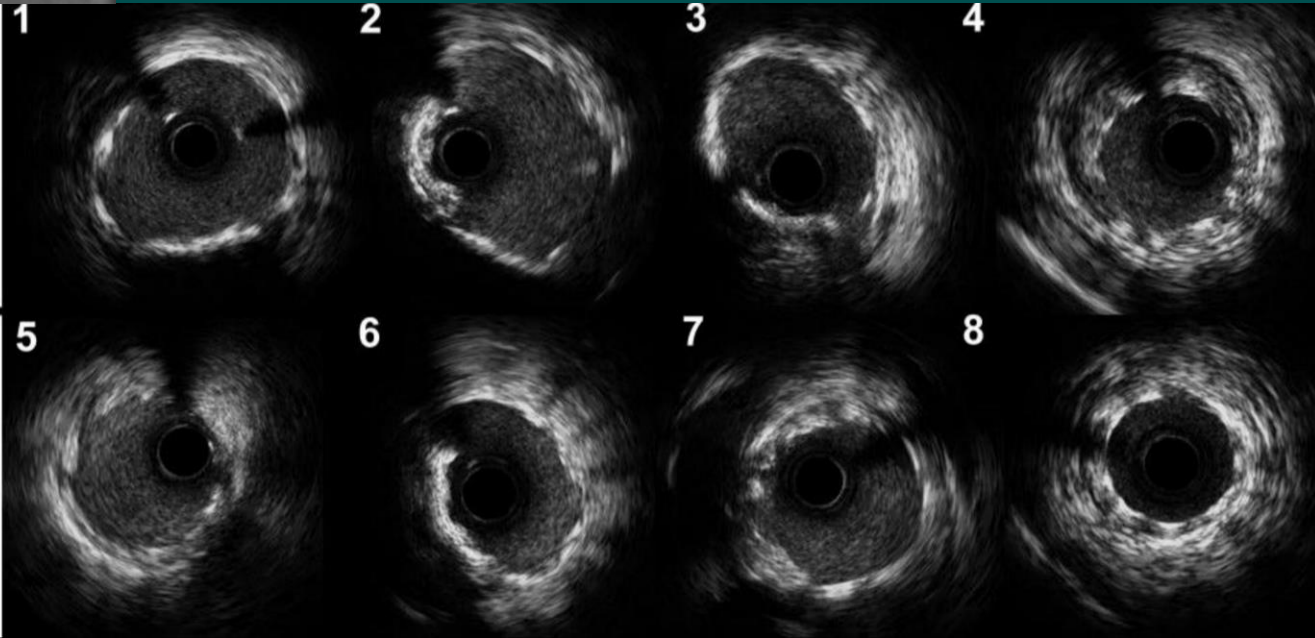
Final IVUS

Angiography



IVUS LM > LAD

IVUS LM > LCx





DAPT

Age

Risk factors

Thrombotic risk

Bleeding risk

Technique complexity



Ticagrelor 90 mg x 2 x 12 months



Ticagrelor 60 mg x 2 x 6 months



CONCLUSIONS

Stenting is the preferred strategy in isolated LM ostial stenosis. In bifurcation LM disease selection should be driven by clinical presentation, Syntax score, heart team discussion, and patients' preference

Preferred strategy for LM bifurcation stenting should be driven by Definition criteria: Cross-over provisional or upfront double stenting strategy can be considered as viable option

Imaging tool as IVUS or OCT are recommended in particular in bifurcation disease

Type of drug-eluting stent should be tailored on the basis strut thickness and planned technique preferring thin or ultrathin strut stent in particular in double stenting techniques

Length of DAPT should be tailored on the type of presentation, thrombotic and bleeding risks, risk factors and technique complexity